Principal's Report

School Ball
The School Ball committee headed by the Student Executive Coordinator, Mrs Anderson, put together an outstanding event where students and their partners presented magnificently, and enjoyed an evening of dancing and socialising. Behaviour and participation was of the highest standard, and I applaud all involved. Thank you to all the parent, student and staff helpers who assisted in setting up, attending the ball and cleaning up the following morning. It was a superb demonstration of the school community working together to create a memorable occasion.

Congratulations
After an extremely competitive application process, Jaxon Liebeck has been selected to attend the United Space School for two weeks in July this year. Jaxon will be assigned to one of several teams of students who will complete the project, a Manned Mission to Mars.

To provide the knowledge necessary to complete the Manned Mission to Mars Project, a curriculum has been designed to provide training and development by civil and contractor aerospace professionals. Jaxon will also have access to the library and on-line research facilities at the University of Houston Clear Lake campus.

During his two week stay, Jaxon will be hosted by a family residing in the Clear Lake – Bay Area of Houston. Many of the host families work within the aerospace community and 50 students from across the globe will attend the United Space School. To place Jaxon's achievement into perspective, he was chosen as one of only eight students whose school does not have a direct and ongoing affiliation with the Space School.

This is an opportunity of a lifetime and we will be keen to hear about Jaxon's experience at our Term 3 assembly. Thank you to Mr Walsh for supporting Jaxon's application.

Interim Reports
During Week 7, Interim Reports will be mailed home to parents. These reports provide an overview of your child's progress in each of their courses to date. Parents will receive a more detailed achievement report at the end of Semester One.

Parent Teacher Meetings
Year 7-12 Parent Teacher Meetings will be held on Tuesday 22nd March and Thursday 7th April from 3.30pm - 6.30pm. Parents are requested to make appointments via the school website. Details for on-line bookings will be sent home with the Interim Reports.

Hawaiian Ride for Youth
On Wednesday 6th April, Manjimup SHS will play host to the Hawaiian Ride for Youth. This is a bike ride that starts in Albany and makes stops at schools along the way to Perth. Riders will make a presentation to Year 9 and 10 students about youth suicide and depression. All Year 9 students will take part in 'Understanding Mental Health' workshops on Wednesday 30th March as a lead up to the ride. Last year's ride raised money for Youth Focus, an organisation that supports the prevention of youth anxiety, depression and suicide.
Understanding Mental Health - Parent Session
This information session is designed for parents of adolescents, and it aims at raising an awareness of common mental health issues that young people face, eg. depression and anxiety. It focuses on helping parents and teachers understand more about mental health and mental illnesses, and assists them in finding the appropriate help. The session will take place on Wednesday 30th March from 6.30pm - 8.00pm in the Manjimup Senior High School Staff Room. Please register your attendance by contacting Karen Royer at the High School on 9777 0500.

Rotary Four-Way Test
The Rotary Four-Way Test is a speech contest open to Year 10 students. Contestants give a 5-6 minute speech on a topic they are passionate about and they are scored against a set of criteria. Cassandra Liebeck was recently selected by the school and put forward to represent the Rotary Club of Manjimup in the District finals at Mandurah. She competed against 7 other students and produced an excellent speech on organ donation in Australia. To prepare, she practised in front of MSHS staff, her History class and at a Rotary Club of Manjimup meeting where she received high scores. Most students find public speaking a very difficult task so I commend Cassie for taking up the challenge and making the most of the opportunity to improve her public speaking. Thank you to Ms Bermingham and Ms Rogers for supporting Cassie through the Four-Way Test.

Screen Use and Positive Mental Health
Over the past three years our students have been involved in a research project to collect data about the time that they spend in front of a screen. The “screen survey” asked students to report their total screen time, as well as the amount of time that they have engaged in gaming, social media, web searching and watching TV. Current research recommends no more than 2 hours per day in front of a screen for school aged students.

In 2015, our students reported 15.9% of them spent 2 hours or less viewing screens, while 84.1% spent more than 2 hours. Of this 84.1%, most of their time was spent in front of TV/DVD (57.1%) or social networking (54%). The researchers will spend this year analysing the data to see if there is any relationship to the mental health of students. We will be updated regularly as findings are published.

Year 7
I would like to say a huge welcome to all of our Year 7 students and their families. The Year 7’s are settling in well at Manjimup Senior High School, having started electives and enjoying a variety of different learning opportunities.

Congratulations to the following students for receiving life skills awards for **effort** and **organisation**:

- **Callum Krispyn**
- **Isabella Salvona**
- **Aysha Peos**
- **Sebastian Omodei**
- **Ella Reeve**
- **Kaeley Styles**
- **Bronwyn Eatts**
- **Max Forbes**
- **Brendan Walsh**
- **Jon-Roy Forsman**

The following students will be representing their houses as Captains for Term One:

- **Carinya** (Yellow)
  - **Sebastian Omodei**
  - **Emily Read**
- **Manjin** (Green)
  - **Jordan Bendotti**
  - **Ruby Sparks**
- **Kyabram** (Blue)
  - **Lachy Montaldo**
  - **Ella Reeve**
- **Yarrimbah** (Red)
  - **Kaeley Styles**
  - **Kai Whittaker**

Finally, a word from the students. When asked what they enjoyed most about high school, I received the following responses:

- ‘Good teachers who have started easy on us.’
- ‘Making new friends and harder work is good.’
- ‘I like that we learn more stuff.’
- ‘Not being in one room with the same teacher all day.’
- ‘More opportunities and sporting activities.’

*Julie Wrack*  
Year 7 Year Coordinator

**Student Executive**

**Leadership Camp**
Twelve of our newest Student Executive Members attended a Leadership Camp at Pemberton Camp School on the 15th and 16th February. The students participated in many team-building activities such as raft building and 'real-life' minesweeper, along with other fun activities to develop their leadership and public speaking skills.

Over the duration of the camp, each student proved themselves to be a great young leader of the school, and I look forward to working with them during the year.

**School Ball**
The 2016 Manjimup Senior High School Masquerade Ball was held on Saturday 27th February. The gym was transformed into a black and gold ballroom for the 200 students who attended on the night.

The students looked spectacular in their suits and ball gowns, many dressing to the Masquerade theme wearing beautiful masks. Belle of the Ball was awarded to Alison Roche, and Beau of the Ball to Finn Edwards.

A great night was had by all. Many thanks to everyone who generously donated their time to help with the ball, especially those who helped pack up on Sunday morning.

_Janelle Anderson_
_Student Executive Coordinator_
Parent Seminar 16th March Manjimup Primary School
DEVELOPING POSITIVE CHILDREN
RAISING THE ADAPTABLE CHILD
TEACHING BOYS POSITIVELY

Greg Mitchell is a father of three, a grandfather of eight, has been a teacher for over thirty years and still suffers from enthusiasm. These days Greg works with students, schools, organisations and businesses throughout Australia who wish to utilise positive psychology to improve performance, heighten their motivation and overcome their fears. Greg will be running a parent seminar in the undercover area at Manjimup Primary School, 6.30pm. We all know that change is happening at a faster rate than we ever thought possible but how can we keep up with the needs of our children? This fascinating workshop looks at future trends and predictions from around the globe and helps you understand the FIVE BIG SKILLS that we all need in the next 15 years and how to cope with...

- The new rules of parenting.
- Rapid workforce generational change.
- The demands of the “Screen babies”.
- Greater use of robotics and automated services from driverless cars to computer determined financial advice.
- The age of total transparency where your behaviour will be judged by an online audience.
- The shift from classroom learning to E-learning (Digital) to M-learning (Mobile) and beyond.
- The growth of “The Human Economy”.

This entertaining, humorous and challenging presentation explores concepts, positive psychology and practice of explicit parenting skills.
Manjimup SHS parents are encouraged to attend. Please ring the school office to register your interest. (08) 9771 2911

Save the Date.
Greg Mitchell
Wednesday 16th March
Undercover area
Light Supper Provided
6.30pm.
Gold Coin Entry

Now more than ever how you do anything means everything.

YoungDrivers
A South West Regional Community Initiative

We’re helping to make the South West roads safer
We want to make you an even better driver
YDDP offers pre-learners, “L” and “P” plate drivers the chance to Feel safer and more confident on the roads.

YDDP PROGRAMS
Program 1: Year 11 in-school program – 5 sessions over 18hrs (with participating schools) suitable for learners and pre-learners
Program 2: Year 11 out-of-school program – 5 sessions over 2 days (weekends) suitable for learners and pre-learners
Program 3: Drive Safe – suitable for “L” and “P” plate drivers – 1 day

OUR PROGRAMS COVER:
- Basic driving skills and car maintenance
- Identifying risky driving behaviour
- Interaction with others on the road
- Identifying and avoiding road risks
- Reducing driving and lifestyle fatique
- Parents/ Mentors role

COURSE COST
Program 1: YDDP in-school course........... $176
Program 2: YDDP out-of-school course...$220
Program 3: Drive Safe ..............................$220

For more details contact:
Young Driver Development Coordinator
Irene Rentfrew
Mob: 0410 730 550
Or email: irenfreeyddp@gmail.com

Like us on www.facebook.com/YoungDriverDevelopmentProgram
MHSH School Ball 2016
A reminder that MSHS Ball Photos can be purchased from Bliss Studio

www.blissstudio.com.au  access code BVN7544